



If you are providing care and/or assistance to a senior in your life, you won't want to miss it!

## Highlights

- A wide range of common issues and challenges faced by family caregivers who provide care to family members and/or friends who require special assistance.
- Helpful information, strategies and resources to help support your caregiver role and responsibilities will be provided.

## When: Wednesday, May 19, 2010 1:00-2:00pm

## Where: New Heart Inc.

601 Lomas Blvd. NE Albuquerque, New Mexico 87102 (East of Edith)



Contact Cassandra Vigil, Department of Senior Affairs Program Coordinator (505)848-1303 for more information.



Resources and tools for people taking care of people.